

RACE DAY SCHEDULE

Time	Race	Categories	Duration
8:00	Course Open		90 min
9:30	Race #1	Novice / U13 / 15 Men	30 min
		NO Youth Beginners (moved to noon)	
	Run Over		15 min
10:15	Race #2	Intermediate / U17 Men	45 min
	Run Over		15 min
11:15	Race #3	Intermediate / U17 / Master (40+) Women	45 min
		Novice / U13 / U15 Women	30 min
	Run Over		15 min
12:00	Kids Taster Race	8-12 year olds on Main Course (meet at Kids' Mini Course)	Half Lap
12:00	Youth Beginners	12-18 year olds Youth Beginners on Main Course (meet at Kids' Mini Course)	Full Lap
12:10	Kids Race 1	Ages 2-4 at Kids Mini Course	10-15 min
	Kids Race 2	Ages 5-6 at Kids Mini Course	10-15 min
	Kids Race 3	Ages 7-8 at Kids Mini Course	10-15 min
12:30	Course Open		40 min
1:00	Race #4	Single Speed Men/Women	45 min
		Masters B Men (40+)	45 min
	Run Over		15 min
2:00	Race #5	Elite Men / Master A Men	60 min
		Elite Women	50 min